

After Care Instructions – Lasting Looks

During the healing process

All Permanent Cosmetic Procedures:

- Wash your face as normal, gently over the treated area. Pat skin dry. Do this twice per day, typically morning and evening. Reapply healing ointment (Aquaphor) as instructed below.
- Do not rub the area; do not pick off any scabs or pigment or flakes.
- Drink plenty of water to help with the healing process. Do not do any heavy exercise for 2 to 3 days.
- The morning after a lip or eyeliner procedure, the treated area may be puffy or swollen. Do not be alarmed. Continue with ice packs, as needed.
- Ice packs can be applied for one 10-minute interval per hour for the next 24 hours. Do not ice for more than 15 minutes at a time. Place a clean tissue between the ice pack and the skin. (Eyeliner and lips)

Brows and Eyeliner:

- Apply healing ointment (Aquaphor) as needed for the first 3 to 4 days. Use sparingly. If area feels dry or tight, apply lightly for comfort.

Lip Liner or Full Lip Color:

- Apply healing ointment (Aquaphor) **several times per day** to keep lips moist until top layer is completely exfoliated (approx. 6-10 days). While at home, wipes with cocoa butter and witch hazel (provided) can be used continuously.
- Upon exfoliation, use sunblock lip balm. Recommended: Banana Boat Aloe Vera with Vitamin E and SPF 45
- **Continue with any anti-viral medication you may have been taking to treat cold sores as recommended by your doctor – usually 2-3 days following procedure. Contact your doctor with any outbreak concerns.**

- **For first time procedures:** Schedule your follow up appointment for 45 to 60 days, as recommended. This appointment must be completed within 90 days from the initial application. **After 90 days, there will be a \$100 table fee for this application. Touch up appointment will be forfeited if at least 24-hours notice is not given for cancellation or rescheduling. Pricing for new procedures includes two applications. If an additional application is needed, there will be a \$100 table fee for this 3rd application.**
- **Color Boosts:** Usually only one appointment is necessary and included in the color boost pricing. If after 30 days you feel an additional touch up is needed, please contact Lasting Looks right away – this must be completed within 90 days of the color boost appointment – **and there will be a \$100 table fee for this 2nd application.**

Ongoing Instructions for prolonged pigmentation

- Use sun block to prolong fading. Lighter pigments will require a color boost more often than darker pigments. Color boosts of my work provided at discounted rates. See website for current pricing.
- Avoid using any products with alpha hydroxyl acids, topical vitamin C or A over the brows. These products, if used directly on your procedure, prematurely fade or discolor your pigmentation.

At the first sign of a possible infection, please contact me at (302) 463-8871. This is my mobile phone and I can be reached at any time.

If you feel that you have something in your eye, you become sensitive to light and / or you have blurry vision, please contact your ophthalmologist immediately or go to an emergency room.

Office Phone
302-635-7327

Melisa

After Hours/Emergency
302-463-8871 (mobile)

Print Name

Signature

Date